



## **Men – Life Management**

There are many hurts and hang-ups in life that keep us from managing our lives the way we want. We were never meant to carry these burdens alone. This group of men that struggle with hurts and hang-ups ranging from (this is not an exclusive list) - codependency, control, anger, financial debt, divorce recovery, depression (other mental illnesses), and resentment – these men support each other during all these storms of life. This group meets in A-11 at 8:00pm.